



Church of Saint John the Baptist Youth Confirmation Formation

Confirmation Sponsors

As you begin the Confirmation Formation process, you will want to consider who to choose to be your Sponsor.

On the day of your Confirmation, your Sponsor will present you to the bishop for the Sacrament of Confirmation. However, a Sponsor should take on more than just a ceremonial role. He or she should be someone you look up to and respect and should be a good spiritual role model who encourages you in your faith.

Sponsors are so important that the Church has certain requirements, which they must meet in order to fulfill this special role. It is vitally important that when you sign this form, you realize what the requirements are for Sponsors so you know whom you can or cannot ask to be your Sponsor.

Sponsor Requirements:

1) The Sponsor should be sufficiently mature for this role.

The Sponsor should not only be a good friend or relative; they should be someone who takes their faith seriously by attending Mass regularly. It should be someone with whom you would not be embarrassed or afraid to talk to about the Church or your faith.

2) He/she is a member of the Catholic Church and has received the three sacraments of Baptism, Confirmation and Eucharist.

A Sponsor MUST be a fully initiated member of the Roman Catholic Church having received all the Sacraments of Initiation: Baptism, Confirmation and Eucharist.

3) The Sponsor should not be prohibited by Church law from exercising the role of sponsor.

A Sponsor must be in "good standing" with the Church. In other words, they cannot be a person who was a fully initiated Catholic who now practices another faith or none at all. If they are married, their marriage must be recognized by the Catholic Church. Every year, someone asks a person to be a Sponsor who is not validly married which causes embarrassment when they are told by the parish that they cannot be a Sponsor. Please think before you ask and choose someone who meets the above criteria to be your Sponsor.

A copy of the Sponsor Certificate is to be filled out at the parish of the Sponsor. The Sponsor Certificate is available online or at St. John's Parish Center.